

Acebrophylline (200mg) + Desloratadine (5mg) + Montelukast (10mg)

Abrostep DM tablet

Acebrophylline 200 mg + Desloratadine 5 mg + Montelukast 10 mg Tablet

Composition:

Each tablet contains:

- **Acebrophylline** – 200 mg
- **Desloratadine** – 5 mg
- **Montelukast** – 10 mg

Pharmacological Action:

1. **Acebrophylline:** A bronchodilator and mucoregulator that relaxes airway muscles to relieve bronchospasms. It also helps reduce mucus viscosity and inflammation in the respiratory tract, aiding in easier breathing.
2. **Desloratadine:** An antihistamine that blocks H1 receptors, helping control allergic symptoms such as sneezing, runny nose, and itching.
3. **Montelukast:** A leukotriene receptor antagonist that prevents bronchoconstriction and inflammation in the airways, aiding in asthma management and alleviating allergy symptoms.

Indications:

This combination tablet is indicated for:

- Management of **asthma, chronic obstructive pulmonary disease (COPD)**, and other obstructive airway diseases.
- Relief from symptoms of **allergic rhinitis**, including sneezing, runny nose, and itchy eyes.
- Prevention of exercise-induced bronchospasm.

Dosage and Administration:

- **Recommended Dose:** One tablet once daily, or as prescribed by the physician.

- **Administration:** Take the tablet with water, preferably in the evening, as montelukast is most effective during nighttime hours for asthma control.
- **Duration of Use:** Continue as directed by your healthcare provider; do not stop abruptly without consultation.

Precautions:

- **Pregnancy & Lactation:** Use only if prescribed, as safety in pregnancy and breastfeeding has not been fully established.
- **Driving & Machinery:** Desloratadine may cause mild drowsiness in some individuals, so exercise caution when driving or operating machinery.
- **Patients with Liver or Kidney Impairment:** Dose adjustments may be necessary; consult with your healthcare provider for guidance.

Contraindications:

- Known hypersensitivity to any active ingredients in the combination.
- Severe hepatic impairment.

Adverse Reactions:

- **Common:** Headache, drowsiness, dry mouth, nausea, and dizziness.
- **Serious but Rare:** Palpitations, skin rashes, and symptoms of severe allergic reactions (e.g., difficulty breathing). Report these to your healthcare provider immediately.

Drug Interactions:

- **Avoid combining with other methylxanthines** (such as theophylline) to minimize the risk of toxicity.
- **Caution with other bronchodilators or antihistamines**, as they may enhance side effects.

Storage:

- Store in a cool, dry place below 25°C, away from light and moisture.
- Keep out of reach of children.

Note: This information is intended as a guideline. Always follow the healthcare provider's advice for the specific use of this medication based on your individual health status and needs.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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Panchkula-134113

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